

Instruction Manual

BUTTON:

- 1.MODE: Press this button to select speed, distance, time and clock functions.
- 2.SET: Hold the button for 3 seconds to total reset all function values and confirm all function values.

FUNCTION:

- 1.TIME: Automatically count up exercise time during exercise. Automatically count down exercise time from target during exercise.
- 2.SPEED: Display current exercise speed during exercise.
- 3.DISTANCE: Automatically count up exercise distance during exercise. Automatically count down exercise distance from target during exercise.
- 4.CAL: Automatically count up calories consumption during exercise. Automatically count down calories consumption from target during exercise.
5. ODOMETER: Monitor will display the total accumulated distance.
- 6.RPM: Revolution per minute.
- 7.CLOCK: The current time.

NOTE:

1. Stop exercise for 4 seconds, all functions stop working.
2. Computer automatically stops calculation after 4 minutes without any signal input.
3. Computer automatically shut down after 4 minutes without any signal input.
4. Replace the batteries while the computer displays improperly.
5. Display clock at room after the computer shut down.

SPECIFICATIONS:

FUNCTION	TIME	00:00'~99:59'
	CURRENT SPEED	The maximum signal can be pickup is 99.9KM/H
	TRIP DISTANCE	0.00~999.9KM
	CALORIES	0.1~999.9kCAL
	ODO	0.1~999KM
	RPM	0-199Rpm/Min
	CLOCK	0.00-11:59 and 0.00-23:59
BATTERY TYPE	2pcs of SIZE –AAA or UM –3	
OPERATING TEMPERATURE	0°C ~ +40°C	
STORAGE TEMPERATURE	-10°C ~ +60°C	

This manual gladly supplied by www.FitOnline.com.au
For technical support, call BodyWorx on 1800 005770